

Diabetes: Remote Consultation Scribble Sheet

Initials	Age	Hypo causing therapy Y / N	Personalised HbA_{1c} target mmol/mol (.....%)	Vulnerability? Y / N
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Clinical		
Test	Result	Trend ↔ ↗ ↘
HbA _{1c}		
eGFR		
TCh		
LDL		
ACR		
BP		
BMI / Wt		
TFT <small>(If diagnosed or not monitored recently)</small>		
Retinal Screening: Result: Check next recall		
Blood Glucose Readings (over page): Check last 1-2/52 or so. Any significant trends?		
Child-bearing age? Reinforce reliable contraception		

Hypo related issues

Recent hypo / severe hypo episodes? Consider secondary care referral and / or reduce or change to non-hypo causing therapy.

Need to reinforce hypo symptoms and management.

Driver? If so annual reinforcement of hypo and driving principles.

Current Glucose Lowering Therapy

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Reinforce Lifestyle Measures: Healthy eating, activity, weight loss and smoking cessation.

Foot issues? Self-check and prompt reporting of concerns.

Action Planning

Action	Communication / Documentation	Review date

